

SABRINA A. LAHIRI, M. D.
PLASTIC AND RECONSTRUCTIVE SURGERY

POST BOTOX INSTRUCTIONS

1. Do not fly in an airplane for 1 day
2. For the next 4 hours:
 - -DO NOT rub, touch, or press the treated area
 - -DO NOT apply makeup to treated sites
 - -DO NOT exercise
 - -DO NOT lie down
 - -DO maintain an upright position
 - -DO frown and smile frequently