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POST DYSPORT INSTRUCTIONS

1. **Do not FLY** in an airplane for 24 hours
2. For the next 4 hours:
 - **Do Not** rub, touch, or press the treated area
 - **Do Not** apply makeup to treated areas
 - **Do Not** exercise
 - **Do Not** lie down
 - **DO** maintain an upright position
 - **DO** frown and smile frequently

You may notice that some muscle groups smooth out faster than others. It may take a few days until you notice a result. The forehead may be the first and the "elevens" may be a few days later. **Dysport** is shown to spread into the muscles more smoothly and at a sometimes slower rate. This effect gives the patient a softer look over time and usually lasts up to 5-6 months.