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POST RESTYLANE INSTRUCTIONS

- After your treatment you may have some redness and swelling. (Possible bruising can occur with some patients.) Over the counter Advil and Benadryl taken at night (for several nights) and sleeping with your head elevated will greatly the post procedure swelling. Ice may also be used to reduce swelling. Swelling should last less than 7 days, and if continues along with any other side effect, please notify the office.
- Avoid touching the treated area **6** hours following treatment. After that, the area can be gently washed.
- Sunbathing or cold outdoor activities should be avoided until any redness and swelling disappear.
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures around the mouth area could contribute to a reoccurrence. Speak to your physician about medications that may minimize a recurrence.
- **Avoid exercise and alcohol for 6 hours post treatment.**